



**HIRSHBERG
FOUNDATION
FOR PANCREATIC
CANCER RESEARCH**

PANCREATIC CANCER PATH TO PREVENTION



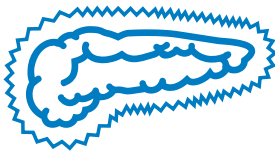
HEALTHY
WEIGHT



DON'T
SMOKE



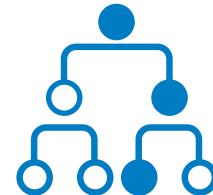
LIMIT
ALCOHOL



MANAGE
CHRONIC
PANCREATITIS



GET
GENETIC
TESTING
(if needed)



MONITOR
FAMILIAL
RISK FACTORS

Stay Healthy & Avoid Risk Factors